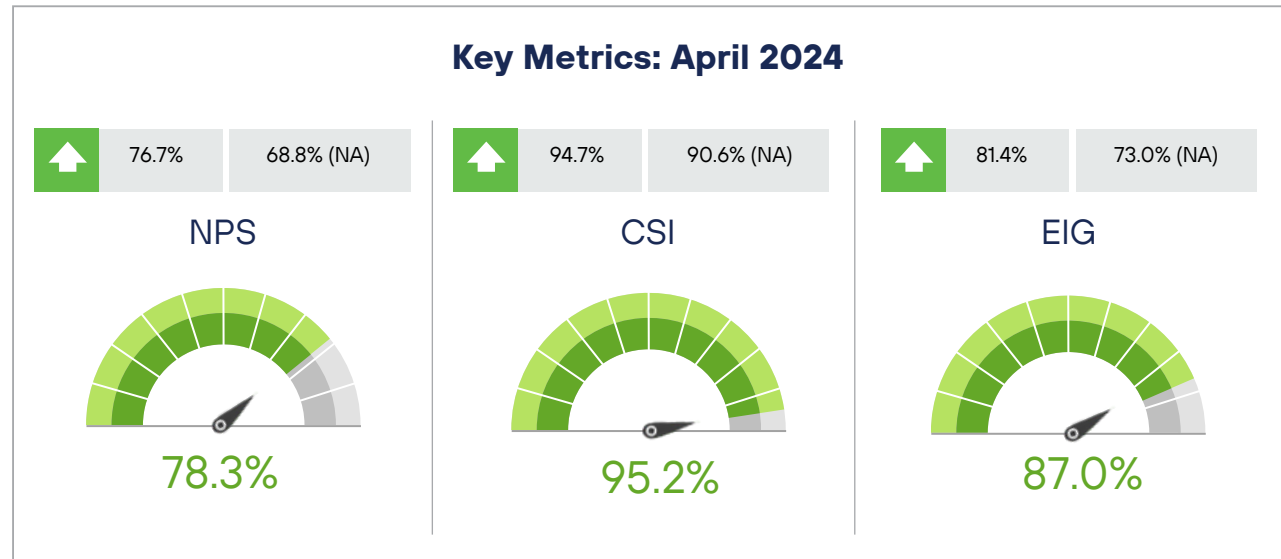


# 'Let's TALK About It'

“

“It always seems impossible, until it is done.”

– Nelson Mandela



What would you like to say to the team, or to an individual in your team, to congratulate them on the success that you have all achieved?

**Self Talk:** How could you say more of that to yourself?

<https://bit.ly/3xp7Kol>

**Self Talk:** What is it, and why is it important?

<https://www.nature.com/articles/s41598-021-94328-9.pdf>

**Self Talk:** The one thing:

<https://bit.ly/49oj0Pm>



Be your own coach, be your own consultant, and when things don't go well, think of how you would be coaching someone else who was having the same challenges and use that strategy on yourself

# BRT SERVICE TEAM - 2024 VISION

## 'Let's TALK About It'



TREAT all as EQUALS

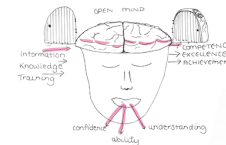
HAPPY

TEAM BUILDING

Eliminate the RoadBlocks..  
Stop taking work home,  
create Better Balance.  
Strive for More, Bigger, better



HAPPY

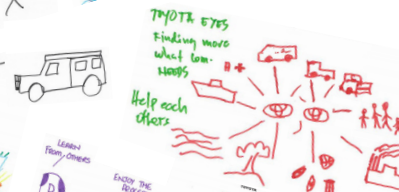


Productive + Vision 2028

Valuble



Plan, Behave, See  
Succeed, Sustain,



Brave

## We Love Locals

