



Team Training Development Workshop

CQH2

Purpose:

The purpose of the two afternoon workshops is to answer the question:
“How can we keep working towards being a high performing team”?



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Process:

This purpose will frame up the 2 afternoon workshop program.



Agenda



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Afternoon 1 (08/07/24)

13:00: WORKSHOP OPEN AND WELCOME	AG
13:05: WORKSHOP INTRODUCTION (Welcome)	AG/SN
13:15: DISC OVERVIEW (History)	AG
13:45: SELF –AWARENESS (Page 9 – Round the Room)	All
15:00: Break	All
15:15: OTHERS-AWARENESS (Page 13,15, 19) – Round the Room)	All
15:45: DISC EXERCISE (Team Building)	All
16:15: TEAM-AWARENESS (Page 29 – Round the Room)	All
16:30: 1 WORD	All
16:45: WORKSHOP CLOSE (One Word)	AG

Agenda

Afternoon 2 (09/07/24)

13:00: WORKSHOP OPEN AND WELCOME	AG
13:05: WORKSHOP INTRODUCTION (The Why)	AG/SN
13:15: HPT OVERVIEW (The fundamentals)	AG
13:45: HPT ELEMENT 1 (Physical Safety)	All
15:00: Break	All
15:15: HPT ACTIVITY (Fun)	All
15:30: HPT ELEMENT 2 (Psychological Safety)	All
15:45: HPT ELEMENT 3 (HPT Key Skill)	All
16:00: GUEST SPEAKER (Peter White – CEO, CQ Capras)	AG/PW
16:45: WORKSHOP CLOSE (One Word)	AG



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Notes/Reflections

This form is designed for taking notes or reflections. It features a dark blue header with the text "Notes/Reflections" in white. Below the header is a solid green bar. The main body of the form is a light green area with horizontal dotted lines, providing a template for writing.



Any Questions?

We're Here to Help



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