

Anton! HET Program!

Intro!

- Enjoy
- Get to know
- Make the magic
- Take control of time
- Flex
- Maximise
- Outward caring
(Inward!)
- Reenergise

Have Fun

8 8 8 8 7 7 7 8 7
9, 7, 5, 8, 8, 9, 8, 8, 8, 7

Likeable! win (2)

Aisha: Connected, in sync (1)
equals, supported! Belong (2)

Mare: In sync, stretched together, achieve together!

Anton: Energy, fun, stretch

learn & learn, vulnerability, 'safe' guard!

Fun, @ personal level

Care (checking in)

Boss: Connected, reward, & acknowledgement, calm, in touch

Lady: Kicked goals, outlook perspective

Flight Centre: Energy + Motivational
Motivational, Energy goals, team socialisation

Connection, training, Reward

Colleague: Bounded effort

(3)

we can do this, together! Good!

Amazing: Best friends
accepted, be myself

same passion

Talked through!

- Angela!: Was difficult

- appreciation, clarity
modeling of behaviours

humanness!



Pause

1. In sync!

2. Supported!

3. Energy! num. (atm)

4. Learning! ↙ ↘

5. Motivation! ✓

6. Appreciation!
Through others

1.

Expectations: Show up, Present

- More connected Present
Inspired, energised!

- What do we want from EL

- Self-reflection, understand others

- Better team member

- Connect personally

- Aha moment about each other!

- Connect & learn Open

DISC About what...

- Understanding - Else

- 16D/kit < Others Own Und. me

In our control

Books!

Rhonda Byrne

Serve &

+ return!

(Law of
Attraction)

- The Power!

- The Secret!

- Extreme Ownership

- Leadership is
Language

- The art of Asking!

I Believe:

- My why is 'children' (6)
↳ Make a change, in a life with 'love'!
- Make a difference ^{Speak up,}
- + story telling
- Transform lives with data!
- Opp. to thrive
- Liberate ^{Inter-connected}
- And work together
- Collectively / Future
Families, + Gladstone
↳ Difference in lives of
disadvantaged. ^{= equal} Opportunities
- To have an army, ^{per}
those who don't - Support
others to be the army

> Because there is disadvantage

- It continues

- Break the cycle

- Motivational Vision

- "Empowering others"

- Bring Together! 5 whys
7 Generations

- Ownership & problem & solutions
Opportunity
- Choose & create change

- Belief in community

- " " Ourselves!

- Being a voice

- Build resilience

- Creating advocates

- Opp., Equity, Quality of Life
- Choices, Choose

* No Disadvantage

* Not OK Fair

- Wellbeing
- Self sustaining
- Resilience, potential
- ↳ Generations

↳ ~~PITIS~~ Psych or ...

↳ PITG → Strengths
(Navigate, & positives)

- Resilience → 'Grateful'

↳ Boom
↳ Reasoning

+ Reframe
(what and 'Learn')

Coping

Q's

12.23.20

9

- Strengths-based language

- Mindset change

- Communication

- Reframe without condescendence

- Learn from them

- Listen & provide info

- Reframe opportunities

- Inside out approach

- Within our control

- "It's not easy"

- Question's

BOOM

Stories

"What are we generating?"

Compassion

Go to

- Dominant
- Direct

10

- Influential

① Optimistic } Extrovert
②

1- Steady 'People-pleasers'

① - Understanding 'Service'
- Team Player

- Conscientious

↗ Analytical

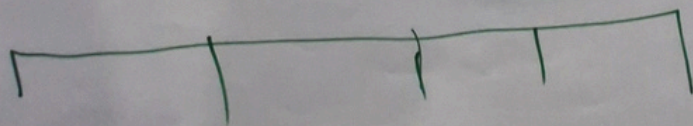


②

80%
2

15%
3

5%
1



N US Them %

A	CSI	IC/ISC	110%
S	CSD	I	75.75%

explorer Emotion

Report

K	I.S	IC	85%
		SIC	76%

55% 70% 70%

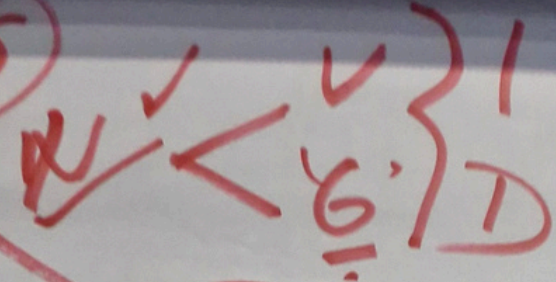
Formal

DISC

80% 70%

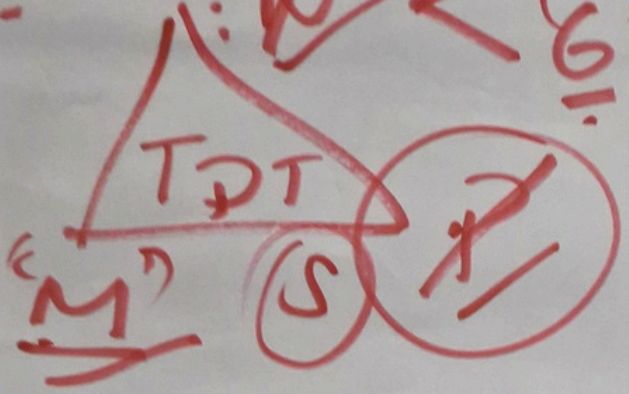
Creative
Articulate

(14) (15)



AAA's

(13)



TLD



4820P

Professionally not
(personally)!

14

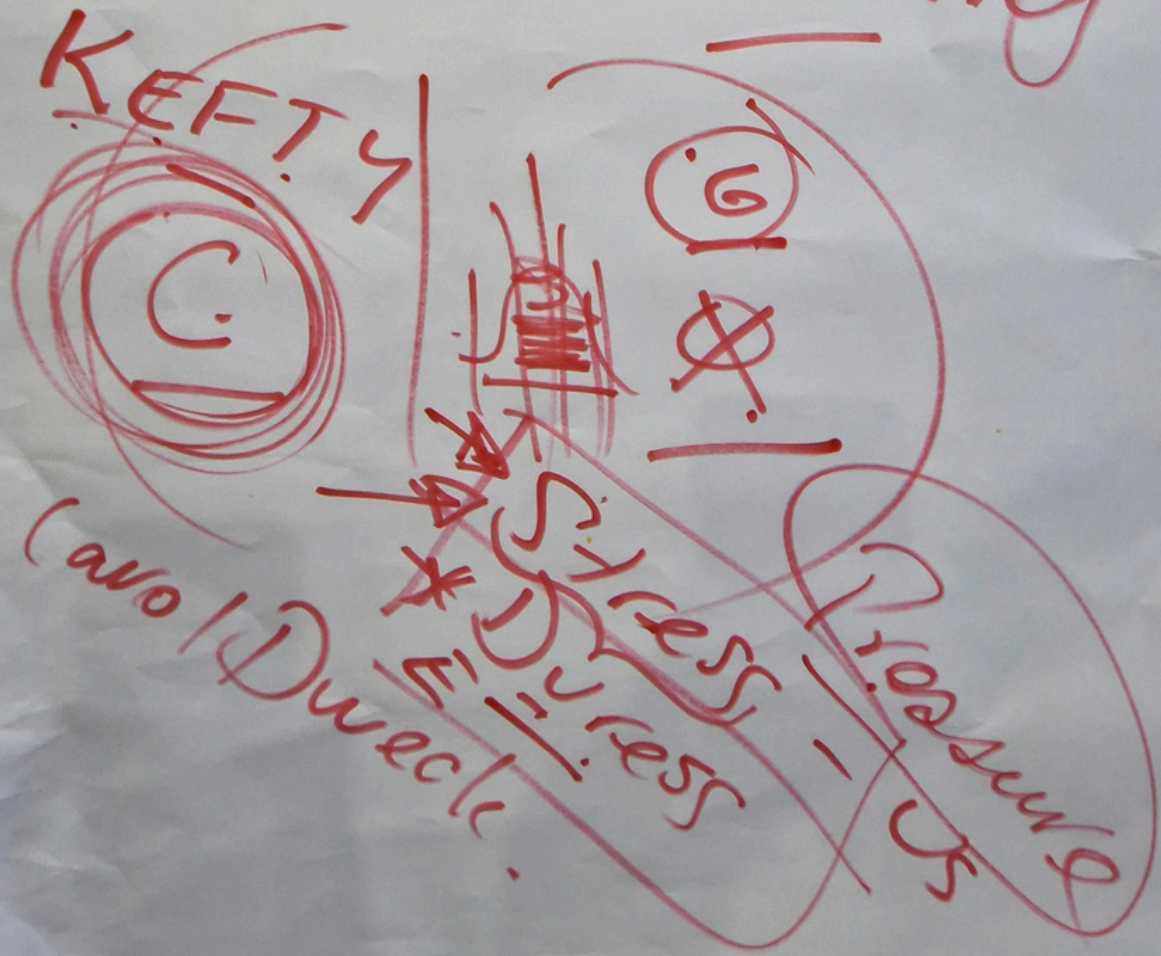
Ask! I need help!

→ Vulnerable

- Confronting!

FIG I AM

Learning!



Learn

- How others want to be treated... (K)
- Diff Different styles
- Similarities!
- Myself-reflect? 1. LB
- Self? 2. Cap
- Differences 3. Cap
- Complimentary 4. 18
- Self & others 5. 6
- "What are we generating" (Stress or growth)
- 6. Dinner @ 17:30

5.40
5.45

Leadership is 16
taken
not given'.

Celente Headlee

Go to's

1. Be present

2. Don't Preach (Pontificate)

3. Open-ended q's

4. Let it go. 225/500

5. I don't know

6. Don't equate (trying to correct)

7. Don't repeat yourself

8. Stay out of the weeds

9. Listening to understand

10. Be brief (8-min debrief) be sincere, be seated

11. Amazing - Everyone is Awesome!

I agree, and

18

hear you!

wa

→ go But

The gift of feedback!

han → Huge Pause

ABC

Psych Safety

B Self

Social

19



Triggers - Snap ? Unprepared

- Put on the spot * (20)
- Self triggered
- Doesn't ask for help • Trust
- The smirk • Talk
- The eye roll • Crazy (2)
- The huff • Busy
- The walk in • Vulnerability
- The 'dominator' • self-talk
- The 'dominator' • Rejection

Sylvia → Push me

- Humiliated off... (1:15)
- Respect experience
- ↑ Pessimistic (Rapport)
- Dishonesty or avoidance

1. "Pause - React vs respond

- + Self talk!
(Talk yourself up! - I am enough)

- Affirmations - Go to!

Pause Breathes '1:15'
& reengage! Mint 30m
Refocus - Cup of tea

↳ Permission
Conversation

• Pause the meeting

• Could we take a pause?

> Preparation - Warning

E

~~Apathy~~

Sympathise



Fixed

Cat!

ER

Resented

E + Appreciation

Chino

Rejected

RIP

Ridiculed

Others shoes



Doug

Physical

N. Cognitive

Act

Feeling

~~J~~

Compassion

FR

(23)

Legal responsibility

Do the right thing

Risks = ✓ Sued

Precautions / Document

Innovation & 'Ideas'

Less effective Team

Psych Safety

Bringing out the best

Stakeholder

Questions