

2210243



ACTION PLAN

The Fearless Public Speaker

1 x 4 Hour Workshop

2025



Leadership on Purpose

Leadership under Pressure

Leading with Perspective

The Outcomes - High Goals

Generally:

For GCCI to support the growth and the success of their sector, by providing the skills necessary to master public speaking – with confidence and without fear. The goal of the program is to get the key learnings of:

- **Courage:** How to get over any fear of public speaking that you may have (from challenge comes growth)
- **Care:** How to care enough to prepare and be prepared enough to care (it's not about you)
- **Capture:** How to grab and keep the attention of our audience (with engagement, energy and enterprise thinking)
- **Conviction:** How to really believe in your content (being a messiah for the message)

The other key outcome for the GCCI Speaking Program is to learn how to deliver presentations with impact and move the hearts and minds of audience members.



**Moving the needle
in your favour**

**“Supporting the Social Sector to
become powerful speakers!”**

Specifically:

1. Learn the **3 stages** of public speaking:
 - Be controlled
 - Be conversational
 - Be credible
2. Understand the **3 principles** of public speaking:
 - Energy
 - Engagement
 - Enterprise thinking
3. Adopt the **3 characteristics** of a fearless public speaker:
 - Emotionally intelligent
 - Resilient
 - Professionally prepared

Achieving these outcomes will completely upgrade The GCCI Teams' confidence as public speakers and as representatives of GCCI.



**With a focus on every attendee
and their speaking goals and
objectives**

The Program - High Focus

The Fearless Public Speaker

Master public speaking - with confidence and without fear. This intensive training session holds a 100% satisfaction rate, having helped leaders across the world.

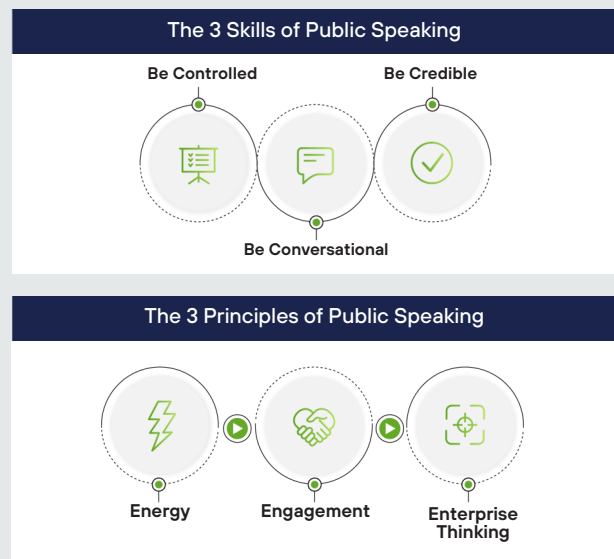
Effective public speaking can transform your personal growth and increase professional opportunities. Many people fear presenting in front of a group, often at a cost to potential wins or promotions.

Our training session will equip you with the tools and knowledge that you need to become a powerful speaker. Learn how to deliver presentations with impact, and move the hearts and minds of audience members.

You will learn:

- ✓ Quick, effective strategies to overcome fear
- ✓ The essentials of presentation development, including how to use slideshows properly
- ✓ The delivery techniques of expert presenters
- ✓ How to rock it when all eyes are on you
- ✓ A clear understanding that public speaking is about the audience, not the speaker"

Develop your understanding through:



The Inclusions - High Value

Inclusions About the program

- 01** A planning discussion to make minor updates the workshops content, to ensure it is on point and fit for purpose, and audience focused
- 02** A close out meeting after the program to provide GRT with an overview of the program, details of any observations during the program and to discuss a way forward
- 03** A free hard copy of one of Anton's books
And an electronic versions of (provided by a link):
A 21-Day Gratitude Journal and eBook's written by Anton
- 04** A professional and private webpage link that provides notes, surveys, photos and any other relevant materials from the workshop
- 05** An energetic and engaging workshop program that encourages enterprise thinking

The Resilience Profile - High Accuracy

THE PR6 MODEL (This is optional - over 4 hours it may not be possible to include)



The PR6 is an advanced and efficient resilience psychometric questionnaire. Through a 3-min questionnaire, the PR6 identifies resilience across 6 distinct domains of resilience:

- Neuroscience-based
- Validated assessment
- Strength-based approach to build mental health
- Integrated into the coaching program
- An extremely valuable leadership profile

The Facilitator - High Expertise



ANTON GUINEA

Helping to develop
leaders since 2005!

Anton Guinea, one of our expertly trained professionals and an experienced local facilitator, will take charge of the process of supporting you, and your teams, through the **Public Speaking Training process**.

Anton is an international keynote speaker, he is a **leadership and people skills expert**, who is a qualified Resilience Coach, with a degree in Human Resources Management and Psychological Science.

Anton has been conducting training workshops since 2005 and has worked with organisations around Australia and the world.

Anton's programs are built around energy, engagement and enterprise thinking. Anton will develop a process to engage your team members and get them thinking differently – **guaranteed**.

It is not just the workshop experience that will make a difference to your team growth process; it is the before and after support (that is second to none) that will ensure the entire process is one that adds value and is one to remember.

The Investment - High Value

WHAT	WITH	INVESTMENT
<p>1 x 4 Hour Intensive workshops 'The Fearless Public Speaker'</p> <p><i>Personal FYI Profile</i></p>	<p>1 x 4 hour session, with 1 presentation from each team member during the final section of the training</p> <p><i>Optional Find Your Influence Profile and Workbook</i></p> <p>Energy, Engagement, Enterprise Thinking</p>	<p>\$5,000</p> <p>\$150 pp</p>

\$5,000*

* All investments are exclusive of GST

The Case Studies - High Results



“Having just finished a 2-day workshop with Anton, I can honestly say that I have learned more about myself in the past 2 days than I have in the previous 2 years.

I would highly recommend TGG and their approach to training, and I will most definitely be looking into more coaching with these guys in the near future!”
— The Aussie Cuttler



“What I loved the most is the way that experiences from the group were drawn upon and discussed to bring life to the presentation. Contemporary research was used and Anton was across key concepts, modern research, and simplicity concepts for learners.”



“I loved the engagement Anton gave to all parties and how the whole team had real feedback to help understand each situation and how so many different workplaces all face the same challenges. I also loved the guest speaker.”



“I would like to express a personal thank you to Anton and Ally for the training they delivered. It was not only interesting and valid; I now have a better insight into the emotional side of the way we cope differently under pressure. This will assist me in the way I approach a situation and respond to gain the desired result with all stakeholders.”



“Unreal couple of days mate. Really enjoyed it. Everyone needs to attend this or something similar in their lives. Keep up the great work.”
— Angus Wilson

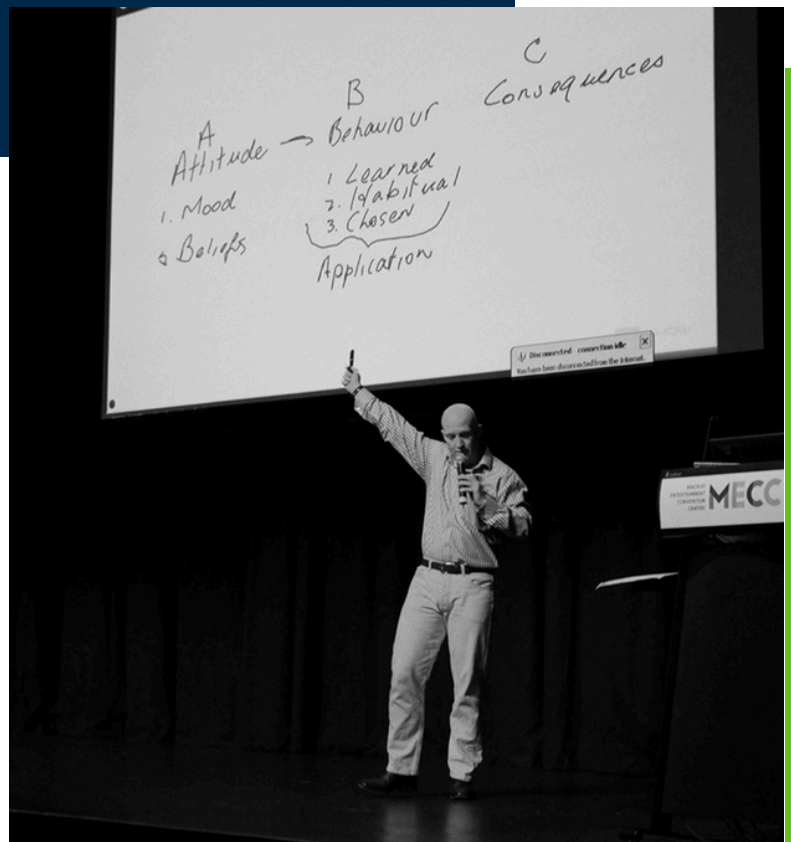
About **The Guinea Group**

Since 2005, the Guinea Group has supported leaders in understanding the importance of **relationship building**, to develop **amazing communication skills**.

Our individualised and **tailored training and coaching programs** are delivered with **energy, engagement and enterprise thinking**.

We have worked with Government Officials, CEOs, heavy industry workers and employees from a wide range of industries in **Australia and overseas**.

We are advocates for personal development, emotional intelligence and psychological safety. Our programs are based around these three key elements, and our clients get over 19 years of experience, a Business Degree in HR, a Science Degree in Psychology, an NLP Master Practitioner and much more.



Other Services - Highly Varied

People Development

- Leader coaching and mentoring programs
- Employee and safety surveying
- DISC Profiling
- Employee engagement and empowerment
- Team building (and coach the coach training)
- Employee coaching and development
- Team Management Systems Profiling

Workshop Facilitation

- Goal setting workshops
- Risk assessment workshops
- Problem solving (RCA and defect elimination workshops)
- Issue resolution through Mediation
- Idea generation workshops
- HSE alignment workshops
- SWOT Analysis and business planning workshops

Performance Development

- Business strategy and business process
- Procedure and system implementation
- Change management strategies
- System performance review and optimisation
- Business team and individual performance review and support
- Systems leadership strategies

Please see the TGG Capability Statement for more information on our services, and the **TGG Difference!**

“

I START WITH THE PREMISE
THAT THE FUNCTION OF
LEADERSHIP IS TO
PRODUCE MORE LEADERS,
NOT MORE FOLLOWERS.

-RALPH NADER

ABN: 83 116 111 543



+61 422 058 736



theteam@theguineagroup.com.au



theguineagroup.com.au



18 Dolphin Terrace,
South Gladstone, QLD 4680



 THE GUINEA GROUP