

# Resilience

3/9

①

- Keep trying
- Strength

Discipline Reason

- Motivation →

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Advancing despite  
adversity

Teri: Diabetes

9.25

Kelvin: Never gave up!

②

Anna: Positive & encouraging

GG: Motivation & courage

Miguel: Brave

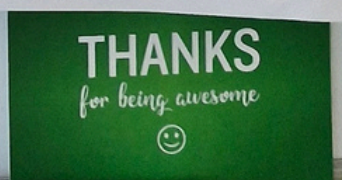
Mark: Moved Motivation

Wayne: Showed me love!

Jason: Never-gave-up!

Reece: " " "

Kylie: The rock! E!



Kristian: 'Motivated' (3)

Bec: Helped others

To: Big heart & ♥ ✓

Jason: Loyal - 'mates'

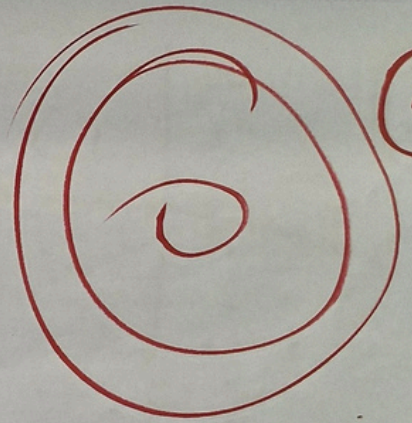
George: 'Hard worker!'

- Darcy: "Blocks it out"

- Helen: "Kept going"

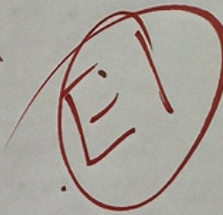
- Steve:

- How do be  
" resilient

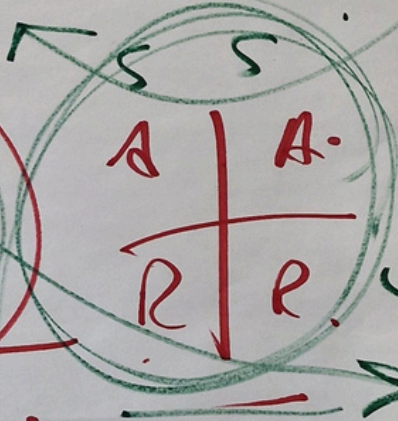
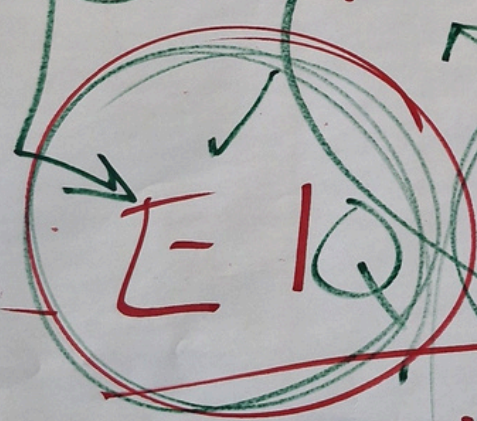


- " Confident

Composure



- Rational & Irrational



Reasoning!  
React  
Respond!

- Out of my comfort zone  
Real life

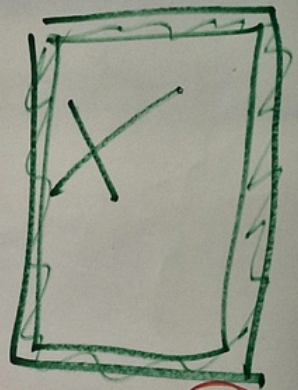
Radior



74  
79  
74  
79  
75  
81  
61  
68  
87  
79  
84  
79  
73

96  
75  
74  
88  
71

103



(6)

77.6  
77.2

73.7

76.  
—

THANKS  
for being awesome  
😊

+ 1 2  
 (5) 3  
 (5)  
 + 2  
 Jacket  
 (7)

112  
 6  
 6  
 6  
 4  
 8  
 6  
 8  
 5  
 6  
 6  
 5  
 6

4  
 6  
 5  
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 7  
 26

(6)  
 (5.78)

10  
 9  
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 7  
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 10  
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 6  
 9

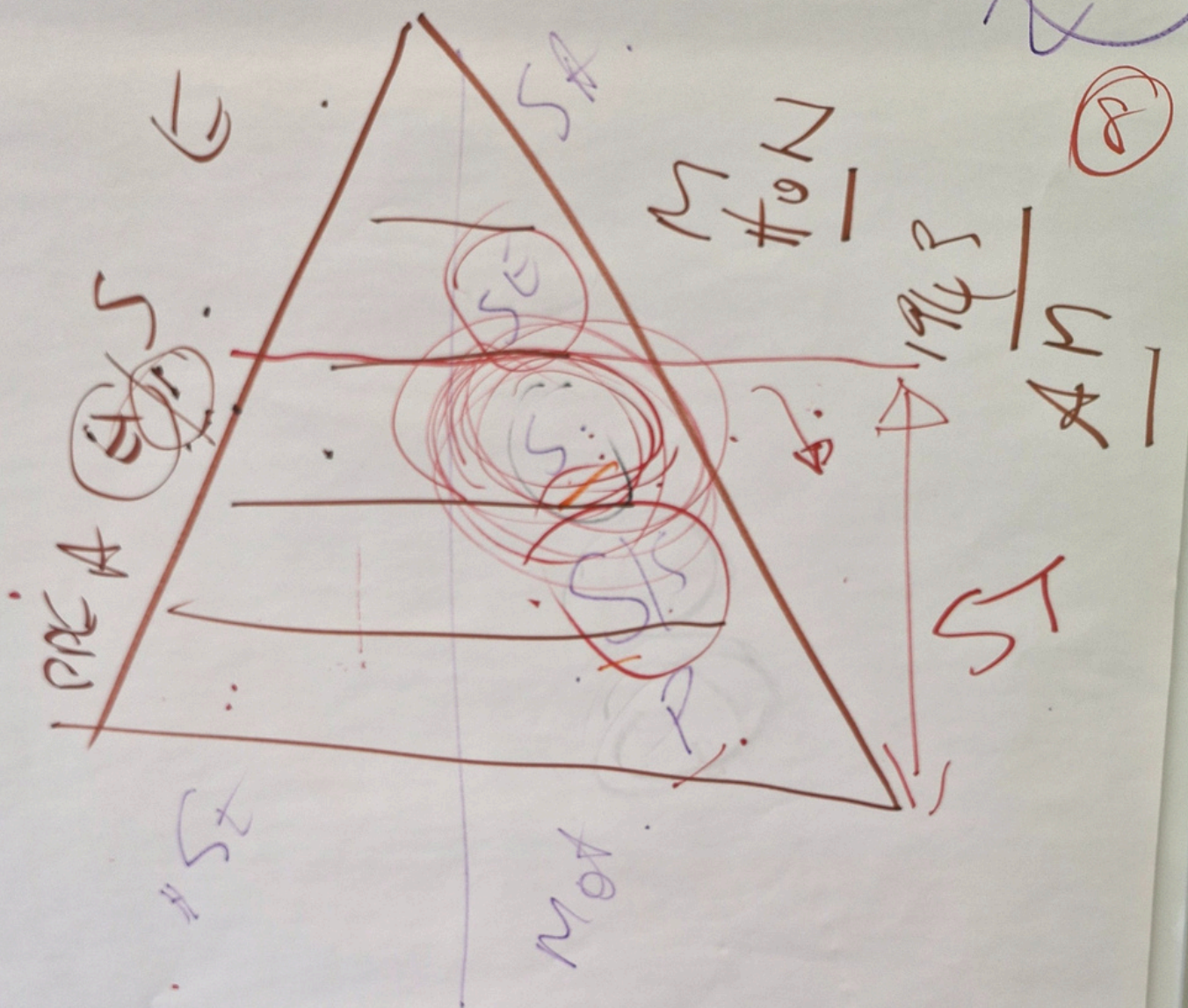
(8.3)

\* Jacket  
 Timber

Pin! Needle  
 Pain! Blue  
 Hurt  
 Thread  
 Sewing  
 Eye  
 Inject - ion  
 Sharp  
 Point  
 Haystack  
 Picked

Thimble

(7)



THANKS  
for being awesome  
😊



- Collaboration! 3.9

→ Diverse ideas! (9)

- Communication & Planning

- Failure is Ok.

- TEAM

(10)

~~Booms are hard!~~

- Visions & goals rock!

- PTG (Team Learn & Earn)

0.5

10

2.23

2.21

2.45

2.5

2.5

3.0

3.1

3.2

3.3

3.4

3.5

20

A/B

31

2.5

2

7

5

THANKS  
for being awesome

E I   EQ 80%  
IQ

Losanda

Self

Social

Natura (11)



BPR  
IQ - 100

75   125   150   155  
G+T

Blood pressure ration   Sad

Stevie Goals (12)

- Getting back in the seat.

- Passion > Family  
No memory

"This won't happen again"

"School → Priorities"

Car!!!

12.57

Motivation

Fit Bit!

— 55 ✓

⑬

\* 40 - 60 Athletic

\* 60 - 80 Average

\* 80 → ① RHR

\* 90 → ② Sleep

③ Stress



1 word:

- Great · Interesting
- Enlightening
- Awesome · Inspiring
- Encouraged
- Engaging · Catalytic
- Rewarding · Fantastic
- Outstanding · Knowledgeable
- Astonishing · Enthusiastic
- Growth · Life-changing
- Well-structured
- Stimulated