

Jan ☺ "In control" 2

GLC Leadership, Cert 25

Best Leader! (1st) ①

Nelson: Forgiveness, a Leadership strength

Visham: Understood me (Direct), Trust, 'Care-ness', Human, Honest, WTP

Nigeta Jane: Supported (complex) - Expertise, Break it down

Ian: Always there, Confidence - Reassurance, helped reach goals (award in scouting)

Winston: Legacy, good, Community, Challenge 1. Ask

May: Present, Solution 2. And

Sherie - Style, organized, 3. Log

Am | a structure, firm & kind

Book list:

Elize

- Lessons in Chemistry

- Eat that Frog!

TED
Jane MCG

- One Day

(2)

- The Damage Done

- Long Walk to Freedom

- "Daring Greatly"

- "The Fearless ^{Ps} Organisation"

- Brian: Humanistic, respect, calm & collected, listener
- Gary: Legacy, throws, vision, psych
- Jake: Leading & dealing with individuals, on all levels (3)
- Sorted it out, led by example
- Respected! ;)

- Cyril: Names (greet), respect, & culture!

- Jess: Growing & transformed
(In the trenches, caring) ;)

Rob: Listens, comms, respectful. "Do you CARE?"
Encouraging - People-in

- Lottie: Accountable, Energy

- Time - Check in - personal

- Gary: Hard, tough, low stress ;)

- Bec: Myerson Human ;)

"Can I offer an iterative perspective?"

"Am I a good human 10%?"

"Face it until you feel it"

"Air time to self-reflect"

"Is this hurting your soul?"

"Leadership is taken not given"

"Do the actions & the feelings will come!"

Authetically

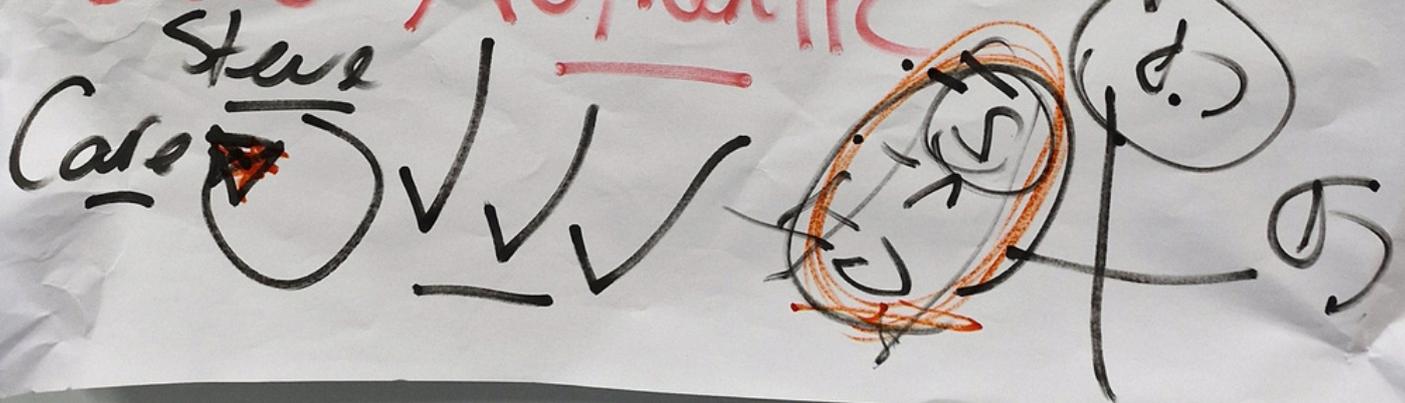
(Want to)

1. Respect
2. Supported (Team Me)
3. Listening (present)
4. Human, people-ing
5. My Influence, Inspiration



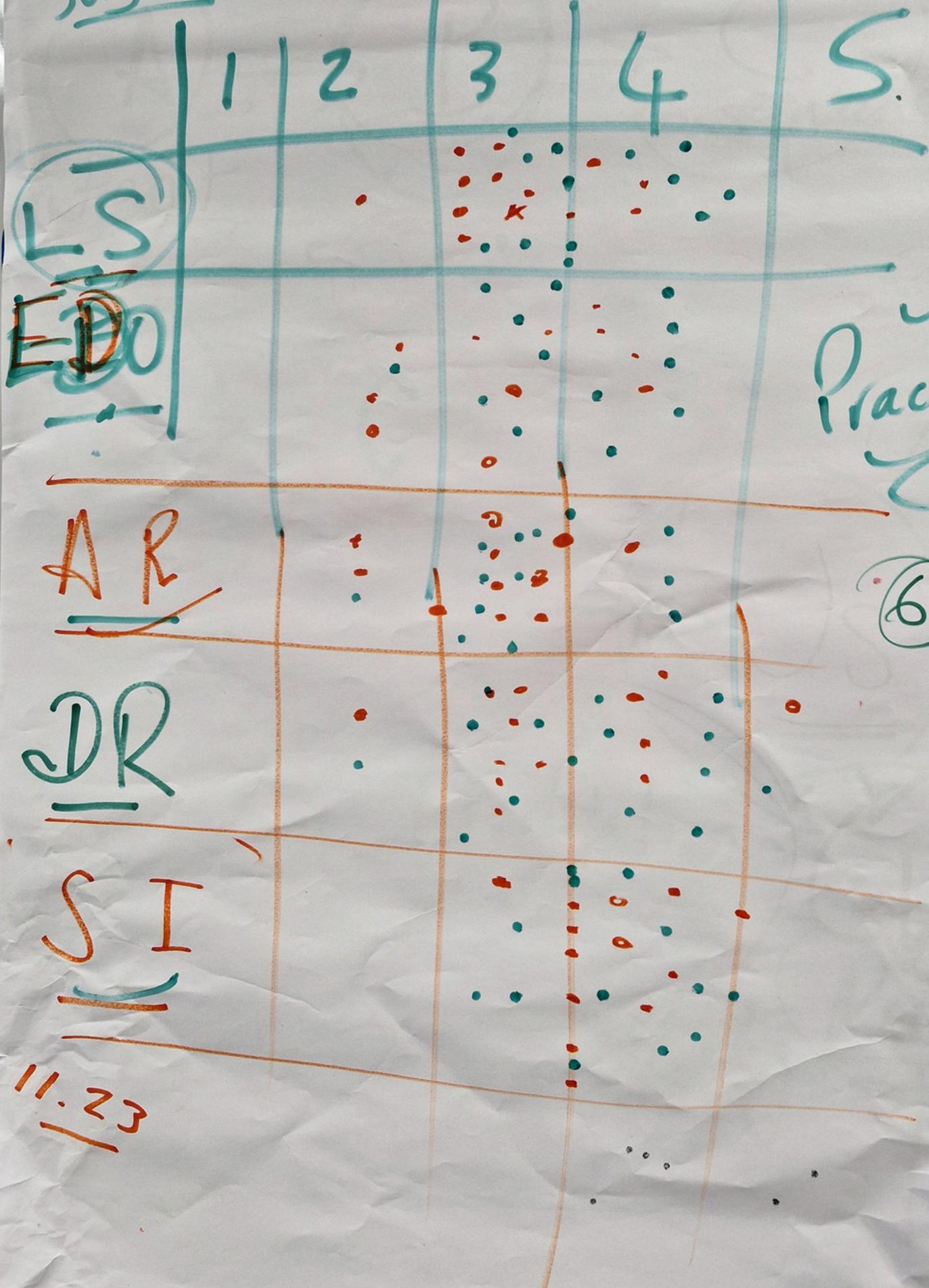
"Self-reflect"
 "Seek feedback" - Open

Bruce: Authentic Courage



Subjective

→ AGC



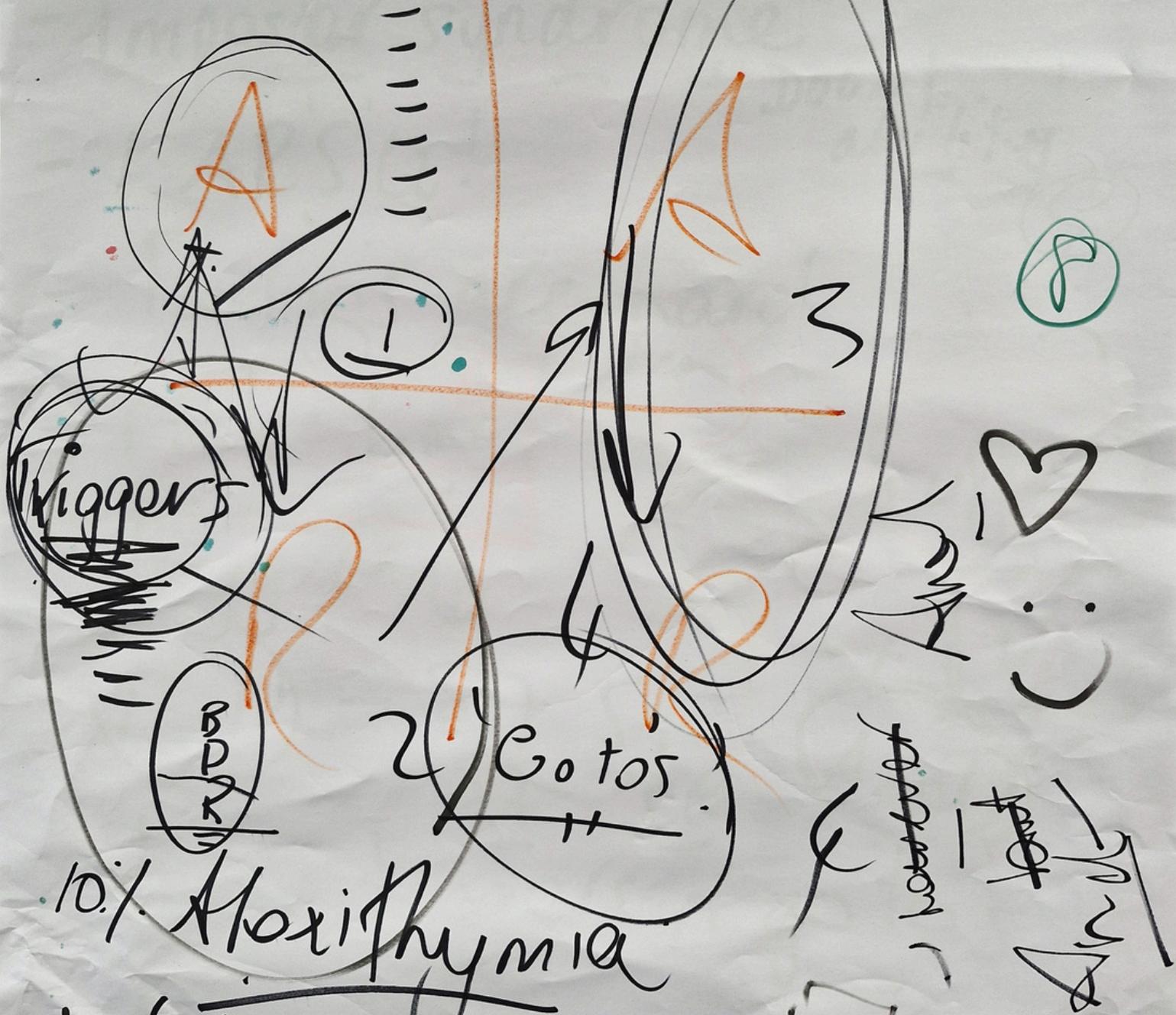
Practice

⑥

11.23

A - A - Email (E) Model.

Self | Social



10% Alexithymia

Emotions → L.A.R.S. (L.A.R.S. stands for Listen, Acknowledge, Respond, Sustain)

When

1 Take away!

✓✓✓

- Low & slow! 90%

- Imposter syndrome

- LARS! Q!

Doubt ability

- Feelings are hard

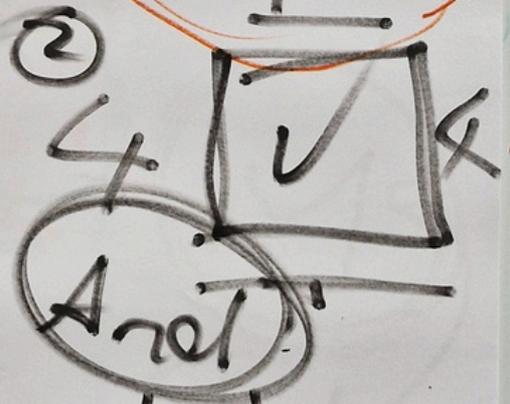
⑨

Make time Listen

- Triggers ①

Support

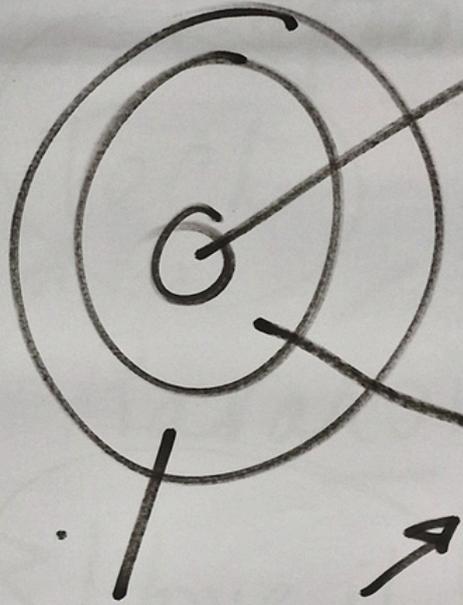
- E1 - SA SR
SA SR



- Know triggers, & go to 5

- Connection

Why



Koi Team (10)

* What

Ask

RAEI

Responsible

Reporting

Cotos

MS

agree

6

2

TK

by

KPI

3 SA

BP

2

24

'''Reframe'''

Reframe

Tech

← 64
FEAR

Paranoid

Cultural

I love it!

①

Situation + spin

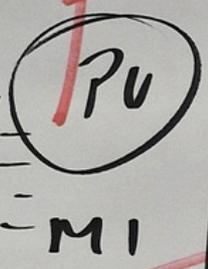
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OTF

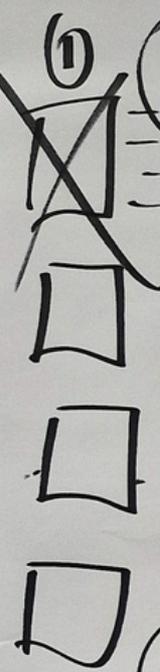


Critical spares

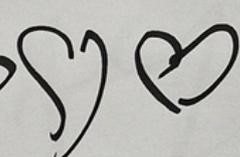
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Collaboration

Critic "12"

Symbol

- Change of mgmt
- Environment
- Then Preehal'
- Previous Leaders
- Plan
- Comms

Ideas

Now



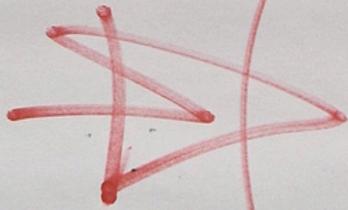
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ELLA

How we
Highly Effective Teams

13 IN AM

Ten



7

10M

70M