

Prep:

- 3 BP

...

Belief
Leadership!

why
CP
SP

Not
Fix

>

2) Have Public Speaker

• Ned: Inspiring (1), down to earth, relatable, 1, E, R

• Simon: Belief, powerful

Inspired, tone, values, ethics, Language - resonates

→ Roger: off the cuff, vision, accent - 'sounds cool' Mindset

- Anypro - Engage - get B (+) interesting, confidence, 'knowing'

- Anyone - Inspirational, 3

listen + apply, down to earth

- ✓ - Capture, general conversation, Inspiring
• stories, relate

• Brett: Interesting, engaging (2)

- Talked to people DIY

3 Expectations — No prep

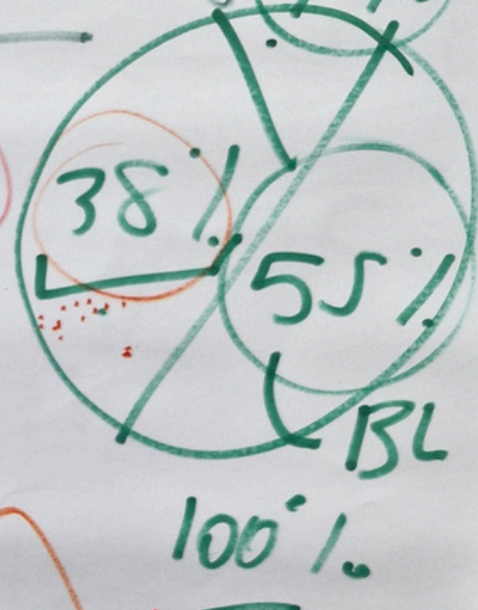
How to:

- Think fast, talk slow

How to:

- Selling things - decisions 17%

↓
- Engage Questions
(Be honest)



* Confidence,

* Doing the prep (Pen to paper)
(Express self)

• Goal

Motivation Internal
Inspired high External

? Idea of what is possible

4 Tap Gun
Frozen
Tropic Thunder



> State your why? SA

5 → Conviction

(Described

- Relatable - Concepts

I, L, D

- Captured

- Straight to point

- Questions

- Humour! (Ease into)

- Tone

- Body Language - On point

- Meaning < Music } ©
 Visual

- Icons, big action

SE
Safety / Sec
- P.J.

M.

Why
Humour
Bold

10.12

- 6
- 6/10
 - 5/10
 - 7/10
 - 4/10
 - 5/10
 - 5/10
 - 6/10
 - 5/10

Context → C → C → C ✓
 PS

Who Audience ✓

Size of group ✓

Topic } Relevance
 } Knowledge

Where

(2)

- Hide nerves - better!

- 'Consequences' (Persuade)

(Present like your
 life depends on it!)

*

7 BLUE

BED

Adapt
your style

Stroop

BLUE Test

Pic

I AM

FITYMI

I might make a mistake

I might look awkward

(fidgety)
I might not be able
to language it!

Contextualise

20/3/9

20/3/9

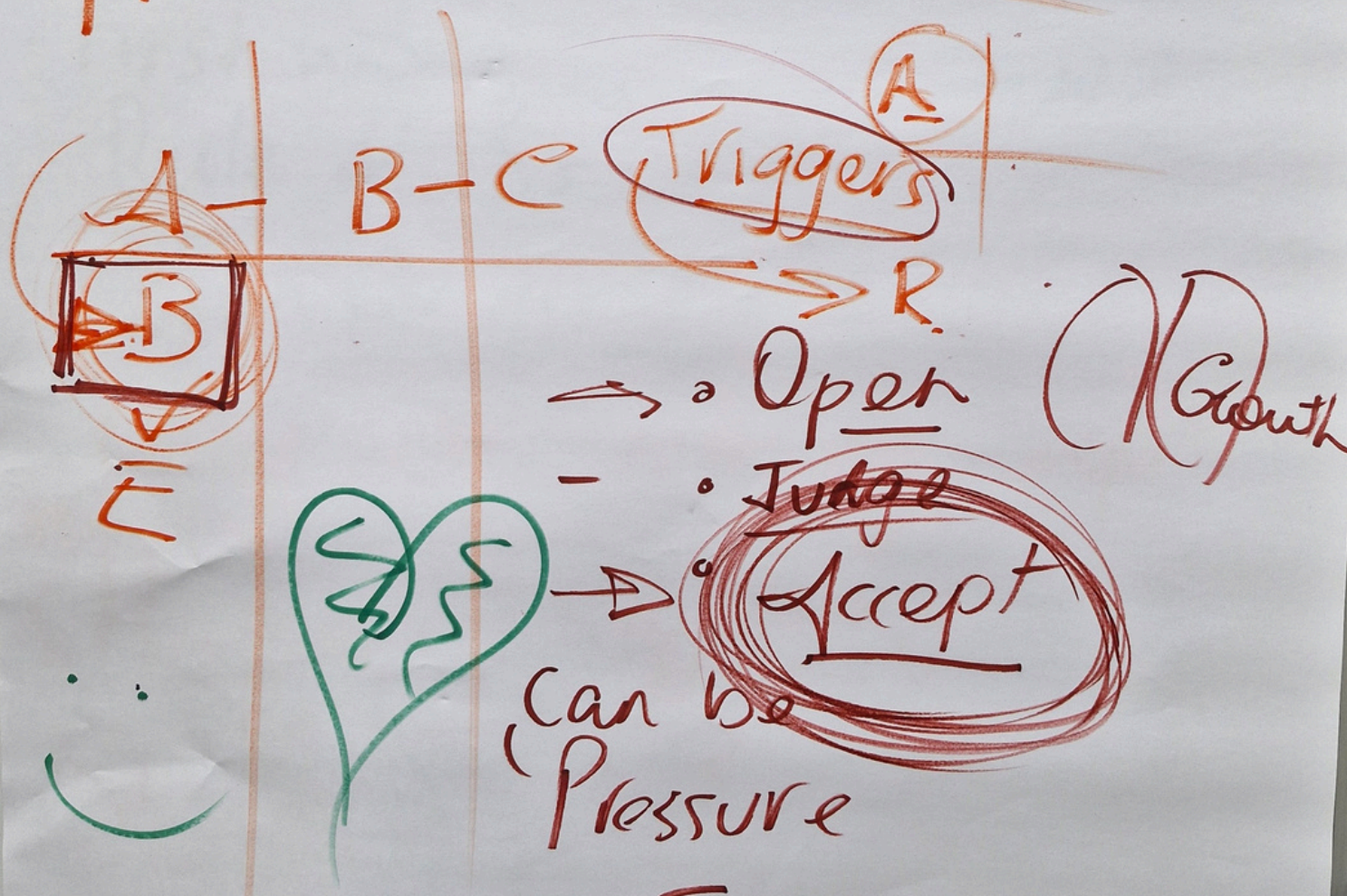
- 8 Actions: To get back on track
- Be prepared!
 - Start strong & control it
 - INAY !!!
 - "There is no danger, why be fearful!" Y, E, R
 - Own the emotion! Excited
E I S S A
 - Ask the why? Learning, Styles
 - Slides for audience
 - Engagement
 - First words
 - Pause & Breathe

12.24

Care - Time
Value - Listen

Purpose?

Support - Decision
Offensive



- Interested, not
interesting!

Learnings!

10

- Fear: FFF
- Courage $\Rightarrow$ Confidence?
- Competence!

"No danger"

- First word

- Rule of 3's

AAA

• Room for questions

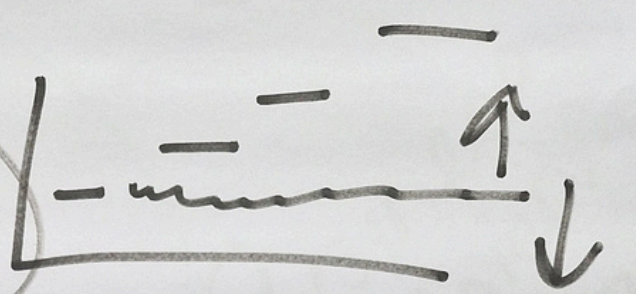
• Only fear: Getting up ✓

* Humour! Engaging

Stories

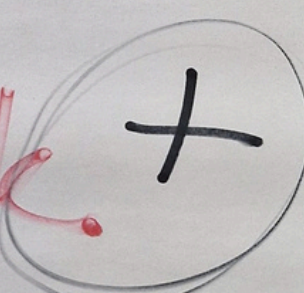
Breathe

Cortisol!

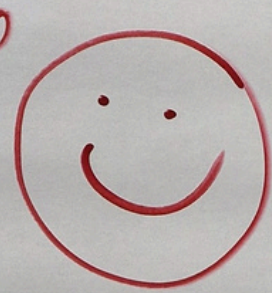
Reduce HR. 

Power & Dominance

Hormones: Oxytocin

Don't hold your neck. 

Prepare yourself

2 mins  Body changes your mind.

Gender differences

Be yourself

Become it!

Rapper + Context

12

Bring
some

'Softness'

Business
Decision

Huge Pause

→ 'Gentleman'

'Conscious'

Now

Help

I hear you...

Go! do they
Feel?

I agree, but

and

we

Lingo

+

time

13 Go to's: We fix stuff! (+)

- You won't like this
- What do you think!
- Have a good culture

('All in it together' Buy in

- This has gotta stop!

- If you don't tell me.

- Let me confirm!

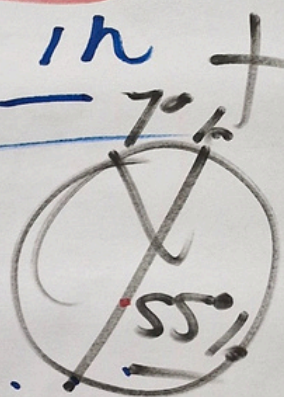
- Let me sort that for you!

- Have you reported it

- What do you need!

- I'm sorry!

= Take it professionally,
not personally!



INAM

14

Audience

Attention

Authentic

- Passion

B G W Honest

LMV

Leadership

Real

Genuine

Relatable

Connection

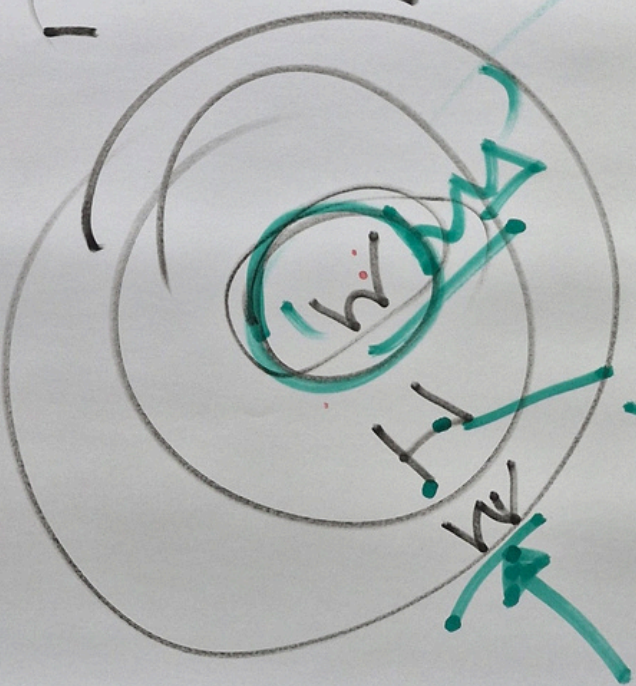
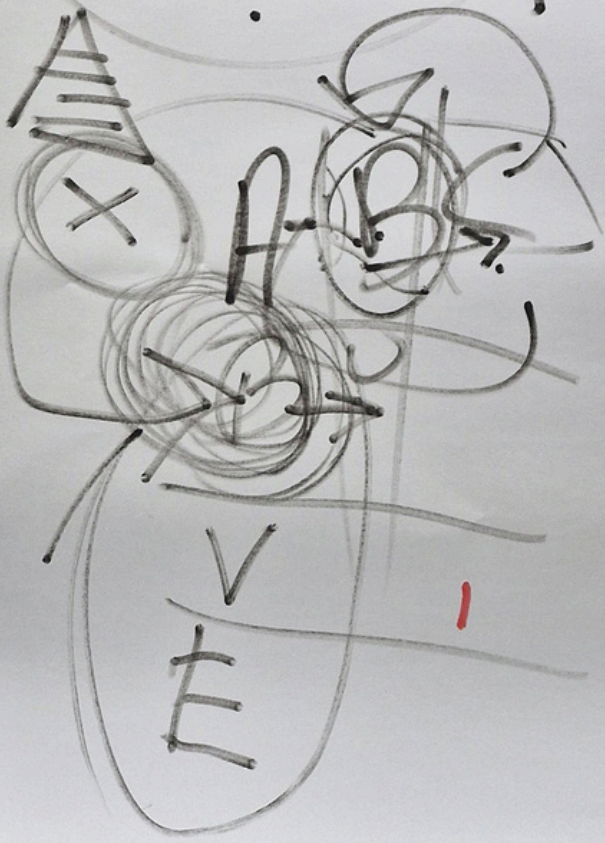
Conversation quality

In group

Out group

time

INAM



WAVE

is Thorough

EI, R

- Enlightened
 - Engaging
 - Inspiring
 - Relatable
 - Interactive
 - Educational
 - Skills
-