



THE GUINEA  
GROUP

# A SESSION WITH **DARIUS BOYD** IN ROCKHAMPTON

Book your session with Darius Boyd before they sell out.



## Darius Boyd

Former NRL Captain &  
Mental Health Advocate

Don't miss this unique opportunity to gain valuable insights and inspiration from one of rugby league's most respected figures, in an exclusive interview led by



**Anton Guinea**  
Leadership Expert

To be  
Announced

8:00 AM - 3:00 PM  
Rockhampton  
Queensland  
4700

## Agenda (for each 2-hour session)

<b>Session 1</b>	8:00 AM – 10:00 AM
<b>Session 2</b>	10:30 AM – 12:30 PM
<b>Session 3</b>	1:00 PM – 3:00 PM

**Cost: \$5,000**  
per 2-hour session (exc GST)

## Session Overview

### Interactive Interview:

Anton will engage Darius in a discussion covering leadership, life experiences, and State of Origin stories.

### Meet & Greet:

Opportunity for attendees to interact with Darius, including photo sessions and autograph signings.

Scan the QR Code to

**LEARN MORE**



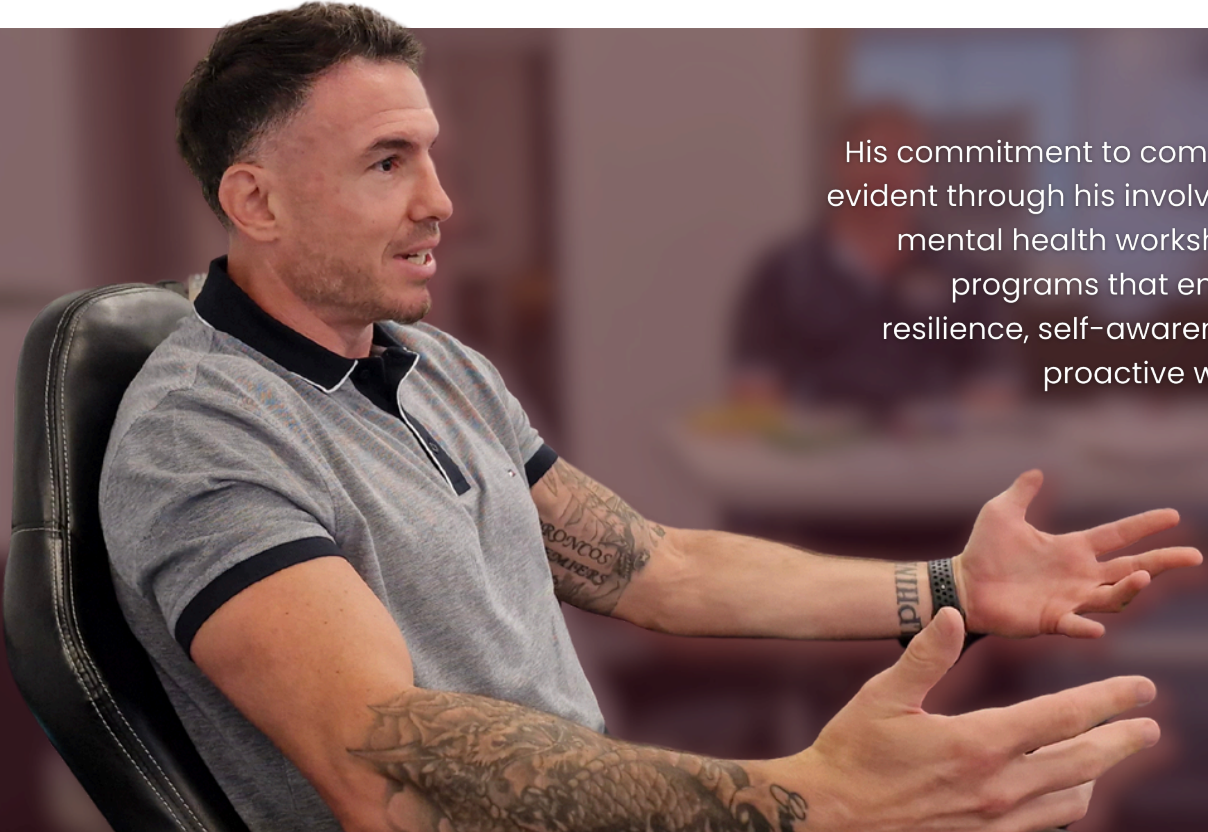
# DARIUS BOYD: FROM NRL CHAMPION TO MENTAL HEALTH ADVOCATE

Darius Boyd is a celebrated Australian rugby league player renowned for his exceptional career and commendable off-field contributions.

Despite his on-field success, Darius faced significant personal challenges, including a troubled childhood and battles with depression. In 2014, he took a courageous step by admitting himself to a mental health facility, marking the beginning of his journey toward recovery.

Post-recovery, he became a vocal advocate for mental health, sharing his experiences to break down the stigma surrounding mental illness and encourage others to seek help. Darius opens up about the highs and lows of his journey with raw honesty, offering a story that has inspired and comforted countless others.

Beyond his advocacy, Darius has invested in formal education related to mental health and leadership, including completing courses in the Science of Wellbeing and Emotional Intelligence. He is an accredited Mental Health First Aid instructor and is pursuing a Diploma of Counselling.

A photograph of Darius Boyd, a man with short brown hair and a beard, wearing a grey polo shirt with black trim. He is seated in a black leather chair, gesturing with his hands as he speaks. He has visible tattoos on his arms, including one that says 'PHILIP' and another that says 'DARCO'. The background is blurred, showing other people in a room.

His commitment to community is evident through his involvement in mental health workshops and programs that emphasise resilience, self-awareness, and proactive wellbeing.



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