

# SPEAK SAFE

## Wellbeing Workshops

The Industry Standard Psychological Safety Training

For organisations who are focused on developing a psychologically safe culture, where all leaders and their teams understand how to comply legally and commit morally to the psychological safety of all team members



Session with  
**Anton Guinea**

Duration of the program:		Investment in the program:	
1 day	(Team Members)	1 day	(\$10,000)
2 days	(Leaders)	2 days	(\$15,500)
1 day	(Senior Leaders)	1 day	(\$10,000)

### What does this Training Program Include?

1	<b>Communication</b> <ul style="list-style-type: none"> <li>What you say matters</li> <li>The drivers of psychological safety</li> <li>The compliance and legal aspects</li> </ul>	2	<b>Acceptance</b> <ul style="list-style-type: none"> <li>Everyone is different</li> <li>All voices should be heard</li> <li>Boundaries are important</li> </ul>
3	<b>Responsibility</b> <ul style="list-style-type: none"> <li>Leading from your values</li> <li>Earning trust and respect</li> <li>Living with integrity (owning your actions)</li> </ul>	4	<b>Empathy</b> <ul style="list-style-type: none"> <li>Understanding perspectives</li> <li>Mindfulness for stress management</li> <li>Dealing with difficult colleagues</li> </ul>

**This program authorises you to say "Speak Safe" when you hear something inappropriate.**

Optional Profiles:		Optional Coaching (per Leader):	
DISC	(\$250)	Monthly (1 session – 1.5h)	(\$1,500)
Resilience	(\$250)	Monthly (2 session – 1.5h)	(\$3,000)
Emotional Intelligence	(\$250)	Leader's Leader Sessions	(\$500)
		<i>(Before and after/per leader coaching program)</i>	

*\* The Guinea Group will further tailor the program, to best suit your organisation and your culture*  
*\* The above investments are for one trainer, additional investment for two trainers (preferred)*  
*\* The above investments do not include travel or accommodation (these are invoiced at cost)*

## Anton Guinea

Anton Guinea has been working with leaders and their teams to improve their wellbeing since 2004.

Anton helps leaders to develop psychologically safe and high performing teams.

Since January 2020, Anton has personally delivered over 1,300 individual coaching sessions.

Anton's sessions are built on energy, engagement, and enterprise thinking.

What separates Anton from the other trainers that deliver similar programs include:

- Anton has worked his way up from being a tradesperson to a manager and understands what strong leadership requires
- He has led teams of planners, tradespeople, and project coordinators in a range of industries around Australia
- Anton's big why is based on his experience with poor leaders, and wanting to ensure that leaders are provided with all of the skills required to have a positive impact on the wellbeing and the psychological safety of their teams
- He is qualified with a HR Degree, a Psychology Degree, and is currently completing a Master of Research into how leaders can be better at leading under pressure
- Anton is qualified to deliver DISC Profiling, Resilience Profiling, and Emotional Intelligence Profiling (which are all relevant to this training program)

And delivering training programs is only one of Anton's skills. The impact that he creates is delivered through one-on-one coaching programs.



## Anton's coaching programs:

Are individually tailored

Include input from the coachee's leader (Leader's Leaders sessions)

Anton has had coaching clients from between 3 months, and up to 2 years

### About The Guinea Group

Our vision is to be the world authority on leadership and people development.

Net  
**86%**  
Promoter  
Score

In business  
for  
**20**  
years

Client's Overall Satisfaction  
**2.9/3**  
(77 responses)  
with the TGG services,  
on a scales of 1 to 3

Served  
**200+**  
Clients

1:1 Coaching Sessions  
since  
**1,300+**  
January 2020

BOOK NOW



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